

# KINDERGARTEN 2

4–6 years

Information Package

2022



**BENOWA HILLS  
EARLY LEARNING**

*Children's Centre of Excellence*

Your Educators are:

Miss Shannan – Early Childhood Teacher

Miss Nadine – Educator

Miss Wing Sie - Educator

# **KINDERGARTEN WELCOMING LETTER**

*Hello and welcome to the Kindergarten Room. This Introductory Package is designed to provide you with information relating to the operation and functions of the room. It is our hope that this information will answer some of your questions and alleviate some of your concerns. Please remember our door is always open to you at any time and we look forward to getting to know both you and your child*

## **Educators:**

### **Miss Shannan – Early Childhood Teacher**



Jingeri everyone!

My name is Miss Shannan, and I am very excited to join the Benowa Hills team and meet all the wonderful kindergarten children. I have spent the last year over at Riversdale ELC teaching one of their two kindergarten classes and I'm very excited for this new adventure.

I am in the final few months of study of my degree, a Bachelor of Education with a specialisation in the early years strand of teaching. I have a passion for education and creating a positive and supportive learning environment. I have a keen interest in nature, travel and culture, and this will be evident through my teaching, specifically through the inclusion of the local Yugambah language.

As I am in my final months of study, I will be completing a placement in February and unfortunately will be away during that time, though I ensure your children will be in the talented and professional hands of our kindy team and I will return before you know it. If you ever have any questions or concerns, please do not hesitate to reach out to me.

2022 is going to be an exciting year and I cannot wait for it to begin!

## **Educators: continued...**

### **Miss Nadine – Educator**



Hello everybody, my name is Miss Nadine and I am really happy to be a part of Benowa Hills Early Learning Centre. I am from Germany and studied educational science at the Goethe university in Frankfurt for three years and graduated with my Bachelor of Arts in Education Science in 2016. During these three years I worked in an Early childhood centre with children aged four months to four years. I moved here to Australia as my husband is Australian and together we have a beautiful baby daughter.

My joy is seeing the children's sparkling eyes when they want and try to understand and learn everything that's going on in our world. I want to help them evolve into confident personalities with their own individual characteristics.

I am looking forward to meeting you all and this exciting last year in kindergarten with all your children. 😊

### **Miss Wing Sie- Educator**



Hi everyone! My name is Wing Sie and I've done my first year of Master in Education (Early Childhood). I came here from Malaysia in 2016 and there are different cultures and races in Malaysia. Hence, I realize how crucial to respect diversity as being respectful to each other is the key to achieve harmony. I'm feeling excited and happy to work with families and children, with diverse backgrounds, in our senior toddlers' room. I also acknowledge the importance of promoting various learning styles in our room as I believe children have multi-intelligences and it's my responsibility to protect their rights of choosing their most comfortable ways to learn.

# **KINDERGARTEN TWO**

The Kindergarten 2 room at Benowa Hills Early Learning Centre operates under the “Queensland Kindergarten Learning Guideline”. This guideline supports kindergarten teachers’ professional practice in a range of contexts across Queensland. The guideline is based on the “Early Years Learning Framework for Australia” (EYLF) and embraces the inclusive vision that “all children experience learning that is engaging and builds success for life”.

The EYLF describes a vision of children’s learning, characterized by:

- Belonging – recognizing that knowing where and with whom you belong is integral to human existence, providing a basis for children’s interdependence and relationships with others.
- Being – recognizing and valuing the “here” and “now” in children’s lives and viewing childhood for the future.
- Becoming – recognizing the rapid and significant learning and development that occurs in the early years, and the capability and potential of all children.

While the EYLF focuses on children from birth to five years, the Queensland Kindergarten Learning Guideline aims to specifically enrich children’s learning in the Kindergarten Year. In Queensland, the Kindergarten Year is the year before the Preparatory Year of schooling. Throughout the Kindergarten Year, children’s right to experience the joy of childhood is fundamental and learning is promoted through play, emergent and planned learning experiences and interactions.

The guideline recognizes that parents are children’s first educators and values the vital role parents, carers and family members play in children’s lives and their ongoing learning. The term ‘families’, throughout the guidelines, recognises the range of people who take on parenting roles and build close and supportive relationships with children in their home environments.

At Benowa Hills Early Learning Centre we are very proud and excited to be offering this very unique and engaging Kindergarten program. We are dedicated to providing a Kindergarten program that will prepare your child for the Preparatory Year in 2023.

## **General Comments**

We want you to feel comfortable and confident about the care your child is receiving. We aim to provide a safe, healthy and educational environment where children can enjoy their learning experiences.

Kindergarten education is designed to provide a bridge by which young children can be assisted to make a smooth transition from learning at home to the more formal learning setting at school. The Kindergarten program is designed to cater for the particular ways in which young children learn.

Our Kindergarten program will be child-focused and play-based, as per the guidelines set out by the Queensland Kindergarten Learning Guidelines 2010- activities will be based on the children's interest, needs and abilities. Through play, discovery and exploration- the children are guided towards developing knowledge, skills and attributes that will enable them to become responsible, independent learners.

## **Daily Requirements**

**Please remember to name all items to prevent your child's property being lost.**

- A hat
- Spare set of clothes
- Shoes for outside play
- Drink bottle
- Please wear sun safe clothing

## **Opening & Closing Hours**

Kindergarten 2 Room is staffed from 6.30am to 6.30pm. If you do wish to talk to your child's teacher about their day, please come at least 15 minutes before closing time to allow ample time for discussion.

## **Signing In and Out**

Benowa Hills Early Learning Centre uses the XPLOR sign in system.

Parents/guardians must complete the childcare sign in process for each booked day of care. This process ensures the safety of children and is an auditable requirement for parents to receive Government Child Care Benefit (CCB) and/or Child Care Rebate (CCR) payments.

Signing in/out is available via the tablets in our front office area and kindergarten foyer. You will need to either use the Xplor App on your phone or manually sign in using your mobile number and pin (this is obtained when setting up your Xplor registration).

Please note: Signing in and out must ONLY be performed by the authorised parent/guardian and we ask that you refrain from allowing children to touch the tablets.

## **Parent Participation**

We are always happy to have parents or family members come into Kindergarten to help out or just to see what's happening during the day. We welcome all parent helpers, as we are very busy in the Kindergarten Room and would love to have an extra pair of hands. Remember any family members are welcome to help: dad, mum, aunty, uncles, grandparents, etc. A Parent Helper Roster is located on our noticeboard.

## **Morning Group Time**

If you arrive after 9.am, please be mindful that a group time with the children may be in progress. Please enter the room quietly and be mindful of chatting with other parents in a loud voice or calling out to your child. If you need to discuss something with an educator, please discuss it with the educator who is not conducting the group.

## **Saying Goodbye – Some Helpful Hints**

Give yourself some extra time so that you can settle your child. Allow time so that your child can show you things and places that interest them. Develop a routine; this helps offer your child reassurance through their ability to understand the sequence of events. Don't prolong the farewell; say "I'm going now. I'll be back at 4.00pm". Give them a hug and kiss and then leave. Your educators are here to help settle your child into the new routine and families are welcomed to telephone the centre if they wish to check on how their children are feeling following a heightened morning separation.

## **Parent/Educator Communication**

Our aim is to foster positive relationships with you and your child. Strong partnerships with families contribute to the development and well being of the child. Partnerships are strengthened when parents communicate their expectations, achievements and share a common goal. We value parent input: each new observation/learning story written for your child will be available for you to view in their portfolio.

At the back of this booklet is a sheet titled 'Individual child profile' - please complete this and return to Educators on your child's first day. This form allows us to know some fundamental things about your child which enables us to plan and implement activities based on their profiles, in order to support their learning.

## **Parent/Educator Communication Book**

This is kept on top of the lockers; this is where you can write a message to the educators about concerns or news about your child. The educators check this book each morning for new messages.

## **Email/Xplor Communication**

We regularly use Comms in Xplor to keep in touch with families. Please ensure that you keep your email details current in the Xplor app and also with our office. When setting up your Xplor app, please ensure that you have opted to receive alerts so that you can receive important correspondence such as family fee statements, details of special events, room correspondence (including the daily blog and program) and any other information relevant to your child &/or family. This correspondence will appear under "Account" and then "Messages" in Xplor.

## **Queensland Kindergarten Fee Subsidy**

This subsidy is provided to help reduce your out-of-pocket expenses. You may be eligible if you: hold a current Australian Government Health Care Card (or have a child who does); are a foster family with a current Australian Government Health Care Card; identify as being Aboriginal or Torres Strait Islander (or have a child who does); have 3 or more children, of the same age, enrolled in the same year.

**Please note: It is the responsibility of the parent/carer to ensure our office has a copy of your current Health Care Card AT ALL TIMES to receive the subsidy. We are unable to include any families in the claim if this information is not up to date. Please contact the office for more information.**

## **What to Bring When Starting in Kindergarten**

Please label all items clearly with your child's name.

- 2 boxes of tissues
- 1 reading document folder (for pre-reading program)
- 1 pkt of coloured paper or white paper
- 1 pkt of texta's or crayons
- 1 pkt of lead or coloured pencils

## **Home Reader Program**

The Home Reader Program aims to give your child the opportunity to read regularly with a supportive adult on a one-to-one basis. Children are encouraged to see one of their Kindergarten Educators and choose one book from our Home Reader box and check it out to take home and read with their families. Please return your Reader Folder after you have finished with it to the basket in the Kindergarten Room. The reader will be exchanged and returned to the Kindergarten children.

Please return your Reader Folder after you have finished with it to the basket in the Kindergarten Room. The reader will be exchanged and returned to the box in the Kindergarten room. Parent helpers will be appreciated to support us with this library program.

## **Developmental Books/Learning Profiles**

In the Kindergarten Room we like to keep a record of your child's individual progress throughout the year. We complete monthly observations, jottings and developmental records about your individual child. We also record any important information about your child and use photos as records as well. In the Kindergarten 2 Room we complete a mid-year and end of year Transition Statement that will offer you information and support for the transition to Prep.

The Transition Statements:

- Communicating about children's motivations, strengths and higher-order skills, understandings and learning dispositions.
- Is recognized as a "snapshot in time" given that children's learning is fluid at this age.
- Includes information contributed by and documented with children, parents, carers and educators.
- Is based on information gathered throughout the year in informal and formal ways and in a variety of learning contexts through normal day to day activities, conversations and interactions.
- Includes information about the child's learning in each of the learning and development areas.
- Describes the level of support the child requires in familiar and or/new situations.
- Includes information about the kindergarten service, teacher and contact information.
- Includes information about the child's attendance history and relevant family information.

As part of our commitment to keep open communication and relationship building services available to you, your child's developmental books are now available for you to take home. This process has been recommended to us by the Queensland Studies Authority that designed the Queensland Kindergarten Guidelines. By taking these special books home that are a record of your child's development from the time of enrolment, provides an opportunity for you to share your child's experiences of their Kindergarten learning with them, keep up to date with your child progress and preparedness for the Prep year.

Please note that these books are very special to both your child, their past and present teachers and you and your family. Be sure to take care of them and return them once you have read them. We update these books several times a month so readily borrowing and returning is recommended. **Maintenance of these books are also part of our industry requirement so please ensure you sign these books in and out so we can keep track of where they are.** The books are displayed in alphabetical order of your child's first name. Please attempt to put your child's book back in correct place upon return.

## **Sick and Away Days**

If your child is sick with a contagious illness, they will require a medical clearance before returning to the centre. If your child has had vomiting or diarrhoea, there is a 24 hour exclusion period before they may return to the Centre. Please call the Centre and let us know if you will be away.

## **Make Up Days (MUD's)**

If you are after a specific day for a make up day, please notify the educators so we can check our diary and hopefully help you out. If there is no day available we can write you in and let you know as soon as we know.

Please remember that Make up days are a privilege not a right and unfortunately we can not guarantee a make up day. Families' fees must be up to date for make up days to be approved.

Make up days cannot be used for consecutive days e.g. two Mondays in a row. Make up days will only be given for a maximum of 20 days holiday per calendar year, priority will be given to those families whose permanent bookings fall on a public holiday.

## **Information about Kindy Kitchen**

The meals at Benowa Hills Early Learning Centre are prepared fresh on site every day by our own chef for children aged 12 months and over, and soft/pureed food for babies 6-12 months. The vegan menu is designed by a qualified naturopath and nutritionist with the focus on providing the best, most wholesome, nutritionally balanced, home cooked meals, all made with love.

We ask families whose children have dietary requirements, or alternatively families who would like to opt for their child(ren) to have the protein menu option, to inform office staff in order to ensure that this request is noted and shared accordingly.

Our Kindy Kitchen philosophy includes:

- Selecting locally grown produce to reduce 'food miles'
- Using fresh, minimally processed and minimally packaged foods
- Using organic foods as a priority but not a necessity
- Incorporating sustainable protein sources such as beans, lentils, chickpeas and chicken
- Choosing sustainable seafood ([www.marineconservation.org.au](http://www.marineconservation.org.au))
- Choosing to use no artificial anything – including colours, flavours and preservatives
- Conserving water in food preparation
- Using environmentally sustainable and safe tableware
- Raising awareness amongst children and parents of the importance of eating healthily and consciously, especially in the younger years as this is where food habits are formed for life.

**Drink Bottles** should be named and placed on the Kindergarten drinks trolley. PLEASE ENSURE THEY ARE TAKEN HOME AT THE END OF EVERY DAY and cleaned to prevent mould growing. Water will be available to the children during the day and they will have access to the bubbler when outside.

## **Behaviour Guidance**

Positive techniques are used to help children learn appropriate behavior. Children are reminded and redirected, so they can gain an understanding of the Kindergarten Room rules. The Kindergarten rules will be developed with the children and displayed for all to view. Staff will model appropriate behaviours and arrange the classroom environment to enhance their learning and promote positive behaviour.

Educators will use praise when appropriate behaviour is occurring, this will be descriptive and precise. Children will be rewarded for outstanding behaviour with point, sticks or stamps. We also have "star of the day" for those 'WOW' moments. In Kindergarten One we have a "are we making the right choice?" dialogue.

### Under Emergent Curriculum

The Kindergarten Room endeavours to be a place where all children feel safe and secure, so we try and do everything we can to promote cooperative pro-social behaviour amongst all children.

## **Grievance Procedure**

If at any time you have any problems at all with anything related to the Kindergarten Room, please do not hesitate to discuss your concerns with your Early Childhood Educators. If the problem is not resolved then the second point of contact should be the leadership team (Miss Mona; Miss Bianca; Miss Kristy) or Miss Kylie, the Centre's Approved Provider/The Nominated Supervisor.

## **Medication Forms**

THIS AREA IS COVERED BY STRICT DEPARTMENT OF EARLY CHILDHOOD EDUCATION AND CARE GUIDELINES

If your child needs medication, a Medication Form must be completed on that day, with all the relevant information (time, dosage, etc.) and signed by you the parent before any medication can be administered. These are kept on top of the lockers in the 'Medication Book', but feel free to ask staff to help you complete them if you have any concerns.

ALL medication needs to be placed by the parent in the refrigerator in the Nominated Supervisor's office and the Medication Register (located on the fridge) completed. If medication does not need to be refrigerated, then it is placed in the locked cupboards clearly labeled "Medication" in each room.

NO MEDICATION WILL BE ADMINISTERED WITHOUT A MEDICATION FORM FILLED OUT BY THE PARENT.

NO MEDICATION IS TO BE LEFT IN THE CHILDREN'S BAGS, this includes asthma puffers, etc., as it a danger to other children at the Centre.

## **Incident Forms**

If your child has an incident or injured themselves throughout the day, an incident form will be completed. This details the events which occurred and the action taken. Parents are asked to sign these forms as a way of guaranteeing that you have been notified of the incident. A message from the educators will be added to your child's daily comments on the tablet to notify you that an incident form needs to be signed in the KG room.

## **Birthdays in Kindergarten**

Birthdays are important so we like to celebrate them.

You are welcome to send in cupcakes/ice blocks or something that is a single serve. If you could list the ingredients as some children have food allergies and restrictions.

## **Special Events**

Throughout the year we have numerous functions such as Mother's Day, Father's Day, Easter, Parent/Educator Interviews, Christmas Concerts, etc. These are designed for parents, children and educators to get together socially and professionally. The Kindergarten children also participate in excursions & monthly educational shows (prices vary from \$5.00). The cost of these events will automatically be surcharged to your account- unless you advise us otherwise.

## **Lost Property**

We have a lost property box; all unnamed items will be placed here.

# **The Emergent Curriculum**

In the Kindergarten Room we have adopted an Emergent Curriculum Approach, which encourages children to have input into the daily and weekly programs. This approach allows children to further explore any ideas or inquiry they may have and recognizes children's quest for further understanding and knowledge.

Within the Kindergarten program we embrace the Emergent Curriculum Approach by incorporating a mapping of "Current Interests", where children can freely contribute their ideas about what they may like to learn about, or play with, that week/fortnight. All children are encouraged to contribute to the program with discussions about their interests, current knowledge and what they want to find out. This information will be detailed in the fortnightly flyer and also on the interest table which is set up near the front of the room.

QLD Kindergarten Learning Guidelines (2010) consist of 5 learning and development areas (below). The learning and development areas describe the breadth of knowledge, skills and dispositions that children explore during the Kindergarten year within a holistic learning program. In addition, educators work with family, community and other partners to negotiate learning and development priorities. Educators use the learning and development areas to plan opportunities to engage children in integrated learning through play, real-life engagements, routines and transitions.

## **1. Identity**

A kindergarten child who has a strong sense of identity:

- is building a sense of security and trust  
Significant learnings
  - a sense of being safe, accepted and supported;
  - a sense of belonging and confidence for others.
- acts with increasing independence and perseverance  
Significant learnings
  - organizing self and belongings & managing routines;
  - making choices;
  - willingness to keep trying.
- is building a confident self-identity  
Significant learnings
  - pride and confidence in who they are, their family and culture;
  - pride and confidence in their strengths and abilities;
  - confidence in themselves as learners.

## **2. Connectedness**

A kindergarten child who is connected with and contributes to their world:

- is building positive relationships with others  
Significant learnings
  - skills for connecting with and relating to others;
  - awareness of own and others' rights and responsibilities;
  - understandings and fairness.
- showing increasing respect for environments  
Significant learnings
  - caring for and respecting environments;
  - ways to investigate and understand natural and built environments;
  - exploring interactions between people and environments.
- showing increasing respect for diversity  
Significant learnings
  - ways to respond to others with respect;
  - interest in their own and others' cultures and heritages;

- exploring aspects of culture and similarities and differences among people;
- awareness of bias and stereotyping.

### 3. **Well-being**

A kindergarten child who has a strong sense of well-being:

- is building a sense of autonomy and well-being  
Significant learnings
  - delight in making decisions and choices (agency);
  - courage and resilience to manage change and challenges;
  - ways to understand and regulate emotions.
- explores ways to show care and concern and interact positively with others  
Significant learnings
  - interest in and desire to interact with others;
  - considering and empathizing with others.
- explores ways to promote own and others' health and safety  
Significant learnings
  - ways to manage personal hygiene and self-care;
  - ways to stay healthy & safe.
- explores ways to promote physical well-being  
Significant learnings
  - control and strength for manipulating objects, tools and equipment;
  - large movement skills, movement control, co-ordination and strength;
  - confidence to engage in movement challenges.

### 4. **Active Learning**

A kindergarten child who is confident and involved learner:

- is building positive dispositions and approaches toward learning  
Significant learnings
  - enthusiasm for learning & curiosity;
  - problem solving and investigating;
  - applying and reflecting on learning.
- shows increasing confidence and involvement in learning  
Significant learnings
  - confidence, interest and involvement in learning;
  - making choices and organizing resources for learning;
  - ways to contribute to learning conversations.
- engages in ways to be imaginative and creative  
Significant learnings
  - a sense of wonder, imagination & creativity;
  - ways to creatively represent ideas, feelings and experiences.
- explores tools, technologies and information and communication technologies (ICTs)  
Significant learnings
  - using tools and technologies in play and active learning;
  - using information and communication technologies for a range of purposes.

### 5. **Communicating**

A kindergarten child who is an effective communicator:

- explores and expands ways to use language  
Significant learnings
  - spoken and non-verbal communication;

- age-appropriate speech patterns, vocabulary and sentence structures;
  - using language for a range of purposes;
  - skills for listening and taking turns in conversations.
- explores and engages with literacy in personally meaningful ways  
 Significant learnings
    - positive engagement with a variety of print and multi-media texts and the arts;
    - exploring symbols and patterns in language;
    - exploring text purposes and meanings;
    - confidence and interest in exploring reading and writing behaviours.
- exploring and engaging with numeracy in personally meaningful ways  
 Significant learnings
    - exploring number symbols and their purposes;
    - confidence and interest in counting and exploring pattern and relationships;
    - exploring mathematical thinking, concepts and language.

# **KINDERGARTEN ONE ROOM ROUTINE**

- 6.30am:** Centre opens – Grouping and free play in Toddler Two Room
- 8am:** Kindergarten children transition outside or into Kindergarten room.
- 8.30am:** Kindergarten teacher begins adding activities to the outdoor environment based upon the children’s interests and any teacher planned experiences.
- 9.15-9.25am:** Welcome with high five/fist pump/hug/elbow bump. Hats away, discuss feelings and engage in feeling board.
- 9.25-9.45am:** Morning tea (Children self-serve and scrape their own bowls after meals)
- 9.45-10am:** Group time: Acknowledgement to Country/roll/warm up dance/days/date/sound of the week/numbers)
- 10.10-11.am:** Morning learning activities
- 11.am:** Gratitude session
- 11.10am:** Morning Affirmations and Gratitude Session
- 11.10am:** Transition to washing hands for lunch.
- 11.15am:** Lunch
- 11.40am:** Tumble Tots Gymnastics Complimentary Class
- 12.00pm:** Relaxation and Meditation Time. (During this time the children are asked to rest and relax for 20 minutes often listening to guided meditations or audio books) This time is also a scheduled sleep time for younger children who still require a daytime nap.
- 12.30pm:** Children who do not nap move into quiet activities such as reading, puzzles and drawing. (Activities vary daily)/outdoor experiences.
- 2.15pm:** Pack away/ Transition to washing hands/Afternoon Tea
- 2.30pm:** Paints/Star of the day/story
- 2.45pm:** Afternoon tea (Children self-serve and scrape their own bowls after meals)
- 3pm:** Reflection time, talking about our day, packing our belongings into our bags and preparing for outside play with sunscreen, hats etc.
- 3.00pm:** Outside play (Kindergarten Educator travels around the yard engaging with children and setting up activities that the children suggest)
- 4.30-5pm:** Kindergarten group for late snack and afternoon play activities (Inside/outside depending on weather & flexible to children’s needs)
- 5.30pm:** Remaining Kindergarten children group in the Toddlers Two Room.
- 6.30pm:** Centre Closes

## **Please note:**

**Our Kindergarten program is a flexible daily program which reflects the children's interest.  
Our Kindergarten program begins at 8.30am every day.**

# INDIVIDUAL CHILD PROFILE

## KINDERGARTEN ROOM

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Parent's Names: \_\_\_\_\_

Siblings: \_\_\_\_\_

Special Needs: \_\_\_\_\_

Religion: \_\_\_\_\_ Culture: \_\_\_\_\_

Cultural Celebrations: \_\_\_\_\_

How do you think your culture will be implemented in the learning environment?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I would like my child to be able to do: • \_\_\_\_\_

• \_\_\_\_\_

• \_\_\_\_\_

My child has just learned to: • \_\_\_\_\_

• \_\_\_\_\_

• \_\_\_\_\_

Over the next 6 months, I would like to see my child achieve:

• \_\_\_\_\_

• \_\_\_\_\_

• \_\_\_\_\_

I would like to see educators helping my child in the following areas:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Are there any special talents you can bring to our Kindergarten learning environment?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Additional Comments:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



# Daily Checklist

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- Have you communicated your needs or your child's needs to the educators of your child's room?
- Have you signed your child in for the day?
- Are your fees up to date?
- Are your family details up to date?
- Does your child have everything that he/she will need for the day?
- Have you read the notice board?
- Did you say goodbye to your child?
- Did you sign your child out for the day?
- Did you speak to your child's educators about his/her day?
- Did you check your child's portfolio this week?



# Your Child's First Day

The first day at a child care centre can be quite overwhelming and daunting for some families. We are here to support the transition for your child and your family. There are so many things to think about; what to expect, how long do I stay when I drop them off, what should I pack, how should I dress them? Our friendly, experienced and caring educators are here to help you and your child settle in on your first day. We have put together a little checklist below to help you prepare for the big first day!

## What to expect on the first day

First days can bring nerves and mixed emotions. It is natural to feel anxious as this is a big change for you as a family. Our Nominated Supervisor/Owner, Miss Kylie, and educators will explain the process of dropping off your child and saying goodbye throughout your orientation and first day. They may also call or email you throughout the day letting you know how your child is settling in and what activities they have participated in. At any time throughout the day if you are curious as to how your child is going, call the centre and ask to talk to the educators in the classroom and they will be able to update you every step of the way.

Before you know it your child will be showing you to the classroom and waving goodbye independently as they see their new friends and get involved in the many activities they will experience!

## What to wear

We promote sun smart practices throughout Benowa Hills Early Learning Centre. When you are dressing your child for their day consider:

- 🍷 Tops and dresses that cover the shoulders and as much of the arms as possible;
- 🍷 Closed toe shoes or sandals with a back so they don't slip off; and
- 🍷 Clothes that have the potential to get a little messy at times even though we try and prevent it with the use of smocks!

## What to bring

- 🍷 Change of clothes, all clearly labelled;
- 🍷 A jumper or jacket in case the weather changes, clearly labelled;
- 🍷 A sun safe hat which covers your child's ears, neck and face, or our kindy hat supplied to child at enrolment, clearly labelled;
- 🍷 Family photo for our wall;
- 🍷 Water bottle;
- 🍷 Any medications - this will need to be given directly to the office on arrival and placed in the Nominated Supervisor's refrigerator.

At Benowa Hills Early Learning Centre, we are committed to offering exceeding quality of care to every child that attends our centre. We pride ourselves on providing an engaging and nurturing environment for both yourself as parents and your very precious children. We feel very privileged to join in partnership with you and establish a very stable foundation of education for your child.

# Communication milestones

## At 4 years children can usually...

### understanding

- answer most questions about daily tasks
- understand most wh-questions, including those about a story they have recently heard
- understand some numbers
- show an awareness that some words start or finish with the same sounds.

### speaking

- use words, such as 'and', 'but' and 'because', to make longer sentences
- describe recent events, such as morning routines
- ask lots of questions
- use personal pronouns (e.g., he/she, me/you) and negations (e.g., don't/can't)
- count to five and name a few colours.

No need to always read the whole book. Talk about pictures that interest me.



# Communication milestones

## At 5 years children can usually...

### understanding

- follow three part instructions (e.g., put on your shoes, get your backpack and line up outside)
- understand time related words (e.g., 'before', 'after', 'now' and 'later')
- start thinking about the meaning of words when learning
- understand instructions without stopping to listen
- begin to recognise some letters, sounds and numbers.

### speaking

- use well formed sentences to be understood by most people
- take turns in increasingly longer conversations
- tell simple, short stories with a beginning, middle and end
- use past and future verbs correctly (e.g., 'went', 'will go')
- use most speech sounds, but still may have difficulties with 's', 'r', 'l' and 'th'.



